Adult Social Care and Health Select Committee

18 November 2025

SCRUTINY REVIEW OF STOCKTON-ON-TEES ADULT CARERS SUPPORT SERVICE

Summary

The third evidence-gathering session for the Committee's review of Stockton-on-Tees Adult Carers Support Service will feature contributions from Eastern Ravens and Mobilise.

Detail

- 1. Recognising the Borough's young carers and the importance of their transition into adult support services, **Eastern Ravens** was approached for a response to the following:
 - What duties exist in relation to young carers transitioning into an adult carer service? Are these being met locally?
 - What links exist between Eastern Ravens and the Stockton-on-Tees Adult Carers Support Service? How does the former promote / raise awareness of the latter?
 - What are the principal challenges for young carers that would need considering / addressing once they transition into the adult carer service? What support would make the biggest difference to them?
 - Has any feedback been received from former young carers on their early experiences of the adult carer service?
 - Any views on key areas of future focus relating to this scrutiny topic from your perspective (e.g. existing challenges that need to be addressed)?

A presentation has been submitted in advance and is included within these meeting papers. The organisation's Trust Manager is scheduled to be in attendance to give an overview of the information provided and respond to any comments / questions.

- 2. **Mobilise** is an online business led by carers, for carers, which provides weekly digests of carers' top tips, community support and a space to connect with people in similar positions. It has been working with Stockton-on-Tees Borough Council (SBC) since 2024 to provide a range of free online services to support local carers, and was therefore asked to respond to the following:
 - Brief overview of what Mobilise does.
 - How Mobilise is involved with SBC, how long this arrangement has been in place, and what has been achieved thus far.
 - In terms of the partnership between Mobilise and SBC, what future plans exist (including how carers from hard-to-reach areas will be identified)?
 - Any views on key areas of future focus relating to this scrutiny topic from your perspective (e.g. existing challenges that need to be addressed)?

A presentation has been prepared and is included within these meeting papers. The respective Account Manager is scheduled to be in attendance to provide an overview of the submission and respond to any comments / questions.

- 3. Ahead of this latest evidence session, Members may wish to familiarise themselves with:
 - The Children's Society: Young carers' transition to adulthood a pathway for all practitioners (revised 2023)
 https://www.childrenssociety.org.uk/sites/default/files/2023-12/MCB315_Young-Carers-Pathway_Linked.pdf
 - Carers Trust: Developing young adult carer services a practical guide (2024)
 https://carers.org/downloads/good-practice-guidedeveloping-young-adult-carer-services--a-practical-guidehr.pdf
 - South Tyneside Young Carers: Carers in Transition https://www.southtynesideyoungcarers.org/young-carers-in-transition-16-24/
 - Association of Directors of Adult Social Services (ADASS): Young Adult Carer Support Service (2024)
 https://www.adass.org.uk/campaign_articles/young-adult-carer-support-service/
 - Mobilise: Caring for a family member or friend in Stockton-on-Tees? https://support.mobiliseonline.co.uk/stockton-on-tees
- 4. A copy of the agreed scope and plan for this review is included for information.

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